

2009-10 Dance Studio Schedule

		Miss MELANIE	Teacher TARA	Miss KISHA			Miss SYDNEY	Miss SHERYL	Miss AISLINN
		MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
Time	Studio	Des Moines	Studio	Gym	Time	Studio	Des Moines	Studio	Gym
9:30AM									
9:45									
10:00 AM					10:00AM		Preschool 1 (age 3)		
10:30 AM					10:30AM		Preschool 2 (age 4-5)		
3:30					3:30			Lyrical STRETCH (.75 Hr)	
3:45					3:45				
4:00 PM	TAP 2 TECHNIQUE (.75 Hr)	INTRO Ballet/Jazz 1 (.75 hr)	Ballet 2 & 3 TECH (1.25 hour)	Acrobats 3 & 4 (.75 hr)	4:00 PM	INTRO Ballet 1 (Ages 4-7) (.75 hr)	Acrobats 2 & 3 (1 hour)	Ballet 2 (1 Hour)	INTRO Acrobats 1 (.75 Hr)
4:15PM					4:15PM				
4:30	JUNIOR TAP TEAM ROUTINE (.5 Hr)	INTRO Tap 1 (.5 hr)		Musical THEATRE TEAM ROUTINE (1 Hour)	4:30				
4:45					4:45	INTRO Jazz 1 (Ages 4-7) (.75 hr)			JAZZ 4 & 5 TECHNIQUE (75 Hr)
5:00 PM	PRESCHOOL 1 & 2 (.75 Hr)	INTRO Kids Hip Hop (.5 hr)	Pointe TECH (.5 hr)	JAZZ 2 & 3 TECH (.75 Hr)	5:00 PM		INTRO Acrobats 1 (.75 hr)	OPEN Ballet 3 & 4 (1.25 Hrs)	
5:15					5:15				
5:30		INTRO Teen Hip Hop (.75 hr)	Ballet 4 & 5 TECH (1.25 hr)		5:30	INTRO Tap 1 (.5 hr)			JUNIOR JAZZ TEAM ROUTINE (1 Hour)
5:45					5:45				
6:00 PM	Mini TAP TEAM ROUTINE (.5 hr)				6:00 PM	Mini JAZZ/BALLET TEAM ROUTINE			
6:15					6:15				
6:30	TAP 3 & 4 TECHNIQUE (.75 hr)			BOOKED OUT	6:30	BEGINNER Teen Ballet/Jazz (1 hour)		ADVANCED 3 & 4 Hip Hop TECHNIQUE (.75 Hr)	ACROBATS 2 & 3 (.75 Hr)
6:45					6:45				
7:00	SENIOR TAP TEAM ROUTINE (.75 Hr)		LYRICAL TEAM ROUTINE (1 Hour)	NO USE	7:00 PM				
7:15					7:15				
7:30	TEEN TAP TEAM ROUTINE (.75 Hr)		ADULT OPEN BALLET (1 Hour)		7:30	BEGINNER Teen Tap (.5 hr)		SENIOR JAZZ TEAM ROUTINE (.75 Hr)	Teen Hip Hop TEAM ROUTINE (1 Hr)
7:45					7:45				
8:00					8:00 PM	ADULT OPEN Dance Stretch/Jazz/Tap (1 hour)			
8:15					8:15				
8:30					8:30				
8:45					8:45				

FRIDAY

Studio

Mommy & ME
(18mos-2yr)

PRESCHOOL 1 & 2
(age 3-5)

Teen JAZZ
TEAM ROUTINE
(1 Hr)

INTRO Hip Hop 1
(.5 Hr)

JUNIOR Hip Hop
TEAM ROUTINE
(.75 Hr)

SENIOR Hip Hop
TEAM ROUTINE
(1 Hour)

HIP HOP 2
Hip Hop **TECHNIQUE**
(.75 Hr)