

Dance Practice Sheet

for the week of



Name _____

	Minutes Practiced	Parent Initials
Monday	_____	_____
Tuesday	_____	_____
Wednesday	_____	_____
Thursday	_____	_____
Friday	_____	_____
Saturday	_____	_____
Sunday	_____	_____
Total Minutes	_____	_____

Please Note: Parents must sign for each day that is practiced. Turn in a new sheet each week with at least 50 minutes of practice time per week. It is suggested that dancer practice 10 minutes/day, 5 days a week, and take any two days off provided they do not fall on consecutive days.

For practice information, please see Dance Secretary for class outlines and Ballet/Tap Dictionaries for at-home use. Young Dancers may also request the "5 Basic Positions" in Ballet. Enjoy your practice time!

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